

30th January 2019

Dear Parents and Carers

### **HEALTH RELATED BEHAVIOUR SURVEY**

Our school, along with many others, has agreed to participate in a very important health related behaviour survey of children and young people. This survey supports the work of Newcastle City Council and its partners. We stand to benefit through our participation in the survey in a number of ways. For example, the survey results may prompt us to review the Personal Social and Health Education (PSHE) curriculum. It will also help as a:

- Starting point for classroom discussion and activities
- Guide in choosing resource materials to support healthier lifestyle choices
- Guide for staff training requirements
- Starting point for discussions between parents and schools

The survey method that we are using has been developed by the Schools Health Education Unit and has been in use for over 30 years, with over 3000 schools using it.

The questions concern a wide range of health behaviours, for example:

- Relationships, emotional health and well-being,
- Tobacco, alcohol, drugs and medicines
- Internet safety
- Healthy eating
- Exercise
- Sexual health (Secondary schools only)
- Dental health
- Home and family

Mr K Stafford  
Head of School  
Newcastle Bridges School

As a result of the survey, Newcastle City Council will have reliable information from which it can better plan to meet the health needs of children and young people. They and the school find the content of the questionnaire acceptable. We hold a copy of the questionnaire in the school office. You are welcome to view it; please ask at the School Office.

Each questionnaire is anonymous and confidential, and no pupil will be identified when the data is returned to school. The City Council's Public Health team will receive a summary of schools' results and data for use in further analysis. They will use this to help in planning and targeting resources and services. Any data protection concerns are covered in the 'Privacy Notice for Pupils', which can be found with this letter.

As part of the survey it will be helpful if your child brings their full home postcode to school to enable statistics to be produced for larger areas such as wards. No individual's answers will be linked to your child's name or address.

I hope you will agree with us that this is an exercise in which we wish to co-operate fully. If you do not approve of your child taking part, please contact us, as soon as possible.

We aim to conduct the survey during the next month. I look forward to working with you to support improved health and wellbeing for our pupils.

Yours sincerely



Kevin Stafford, Head of School